deep analgesia or light anesthesia, induced the same as just described.

Normal babies breathe and cry promptly after analgesia, showing no cyanosis or effects of the gas whatsoever.

It is *never* necessary to produce cyanosis in the mother, and even in Cæsarean section, eclampsia, or difficult forceps cases, where *nitrous oxide and oxygen* is always the indicated anesthetic, the baby, if uninjured, breathes promptly without the usual spanking, &c. The cost of analgesia for obstetric cases is

The cost of analgesia for obstetric cases is trifling—about 35 cents an hour, depending upon the frequency of the pains and the number of breaths taken at each pain; while the second stage, in a properly managed case, is shortened by analgesia.

The above is a description of the intermittent method, which is obviously so far superior to the continuous maintenance of analgesia between contractions when there is no pain to relieve, that no consideration will be given to the latter.

The inhaler covering both nose and mouth is always preferable to the nasal inhaler, since often the patient must breathe through the mouth to get the gas in large volumes quickly, which cannot be accomplished with even slight nasal obstructions which are commonly encountered.

OUR PRIZE COMPETITION.

We regret that none of the papers received this week are of sufficient merit to permit us to award a prize. The subjects, "What care should refrigerators receive? How would you preserve ice?" are subjects with which all nurses should be thoroughly familiar.

Will our readers note that the envelope containing their papers must invariably be endorsed "Prize Competition "? Some competitors omit this, and it is one of the essential conditions of the competition.

A NEW NURSES' LEAGUE.

At a meeting held this week at the Township Infirmary, Beckett Street, Leeds, it was decided to form a Leeds Township Infirmary Nurses' League. The meeting was attended by most of the nurses on the staff.

Nurses to be eligible must hold the three years' certificate of the Township Infirmary. All those who have trained there are invited to communicate with the Matron and ask for information regarding membership.

We have no doubt that many nurses holding the certificate of the school will avail themselves of this invitation.

NURSING AND THE WAR.

The following nurses attended the Investiture at Buckingham Palace on Saturday, March 18th, when they had the honour of receiving the Royal Red Cross from the King:—First Class—Miss Vivien Tremaine (Acting Matron, Daughters of the Empire Canadian Hostel for Officers) and Miss Alice Wainwright (Sister, Queen Alexandra's Imperial Military Nursing Service, Reserve). Miss Tremaine is one of the Sisters chosen to nurse the King after his accident in France.

It is notified in the London Gazette that the King has been pleased to confer the decoration of the Royal Red Cross on the following, in recognition of their valuable services and devotion to duty on the occasion of the loss of the hospital ship Anglia on November 17th:—

Royal Red Cross, First Class.—Queen Alexandra's Imperial Military Nursing Service (Retired List): Mrs. M. S. Mitchell (Acting Matron).

List): Mrs. M. S. Mitchell (Acting Matron). Royal Red Cross, Second Class.—Queen Alexandra's Imperial Military Nursing Service Reserve: Miss A. Meldrum (Sister), and Miss E. A. Walton (Staff Nurse).

A Territorial Nurse writes :---" Now that the Royal Red Cross is being showered about, amongst recent awards I note "First Class" for the untrained and titled and "Second Class" for the "paid nurse." I used to hanker after this honour, now somehow it seems cheapened. Sour grapes, perhaps you will say. I am anxiously following all that is written about Registration and the Nursing College. I do hope our delegates will keep in mind that there are degrees of registration, and some forms would be useless to us working women."

The Nurse Edith Cavell Memorial Fund, organized by the *Daily Mirror*, has reached the required sum of £10,000, which is to be devoted to the establishment of an Edith Cavell Home for Nurses attached to the London Hospital, where she was trained. The Lord Mayor handed over a cheque for the amount to the governors of the hospital at the Mansion House on Tuesday in last week.

Queen Alexandra, who is president of the hospital, has sent the following telegram :—" I must congratulate you from my heart for the prompt realisation of your wonderful efforts in succeeding in so short a time in raising $f_{10,000}$ for the new nurses' home, the Edith Cavell Home, of which I am proud to be the president. It will be a lasting memory to that more than brave and noble woman who laid down her life for her country.—ALEXANDRA."

Both the medical and nursing worlds are delighted to welcome home again Mr. James Berry and Mrs. Dickinson Berry, who, with members of their unit, have recently returned from Serbia, after a year's hard and interesting



